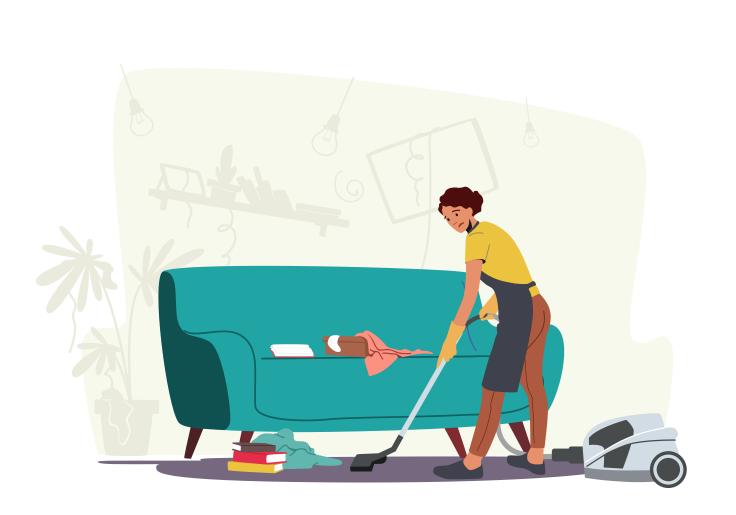
5 EXPECTATIONS AND IDEAS THAT MAKE PEOPLE FAIL AT HOME CLEANING



"I need to finish every chore in one sitting"

Believe it or not, short cleaning bursts are more effective than day-long, exhausting cleaning sessions.



"I should feel ashamed of my messy home"

Going into chores with this negative mindset will likely demotivate you before starting. It's more helpful to recognize the need to clean and act now.

" My home has to look perfect "

Trying to achieve a picture-perfect home can be exhausting. It's ok to choose functionality over looks.



"Hiring home cleaning services is a luxury"

It isn't by a long shot throwing money at a problem; instead, it's a valid (and affordable) alternative when home cleaning becomes an overwhelming task.

"Household chores are my responsibility "

It's a common error to think that cleaning your home is your job and no one else's. You'll feel burned out quickly if you don't share the burden.

